

INNOVATIVE TECHNIQUES to Impact Unseen Influences

*"We do not need more intellectual power, we need more spiritual power.
We do not need more of the things that are seen,
we need more of the things that are unseen."
~ Calvin Coolidge*

The challenges facing leaders today have less to do with the seen and more to do with the unseen. Challenges like:

- Having and sustaining our energy
- Focusing and being productive
- Preparing for or recovering from influences beyond our control
- Owning our own space in the world
- Experiencing the quality and success of our lives

It's as if something is absent. We live in the information age, yet using a search engine to find the latest "how to" or "top ten" hasn't given us the solutions to our challenges. **Why is this?**

Consider it's because the challenges we face have to do with the unseen, not the seen. We believe that we can look for and find in our own awareness "the thing" that will make the difference in our challenge. We are able to shift within ourselves this experience. Especially those of us who are trained in coaching; we are trained to bring awareness such that we can be responsible for our lives, for our experiences, etc....

What if there are influences impacting our lives that we are able to shift without shifting our view?

What if there is a way to protect ourselves from these influences such that the impact to us and our life is minimal or nonexistent?

*Consider that there is more that impacts us
than can be found in our awareness.*

WHAT'S YOUR DESIRE? (TO BE COMPLETED AHEAD OF TIME)

Name an area of your life – one that is important to you and would make a significant difference in your life – that you would like to impact without shifting your view.

*"It is not the towering sail, but the unseen wind that moves the ship."
~ Proverb*

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KEY INGREDIENTS (TO BE COMPLETED AT END OF PRESENTATION)

Owning and protecting your own space in the world:

Clearing and balancing energy for the best impact in specific circumstances (external):

Energetically centering and grounding yourself for any circumstance that requires your best.
Impacting your energy level to sustain your peak performance (internal):

If you're committed to a breakthrough in this area, spend the next week journaling your experiences as it relates to the desire you brought in today. Document what you notice/what is unfolding throughout the week. Then on Friday, June 12th send me your e-mail describing the unpredictable result you witnessed first hand!